



OPEN SESSION

We're excited to continue offering Open Session every Friday from 8:00–10:00 PM as an opportunity for dancers to grow, explore, and take ownership of their individual training.

What Is Open Session?

Open Session is an unsupervised practice time where dancers may independently work on technique, choreography, conditioning, or personal goals. This time is intended for focused training, not free play, and allows dancers to develop discipline, confidence, and self-motivation within a shared studio environment.

Important Open Session Policies

To ensure Open Session remains safe, productive, and positive for everyone, please review the following guidelines carefully:

- **Supervision & Parent Responsibility**

Open Session is not supervised by instructors or studio staff.

For dancers 12 years old and under, a parent or guardian must remain inside the building for the entire duration of Open Session.

While staff may be present in the building, their presence does not imply supervision.

- **Check-In Required**

All dancers must check in at the front desk before entering any studio space. This is required for safety and liability purposes.

- **Arrival & Departure Expectations**

Dancers may not leave the building or studio property during Open Session unless they are picked up by a parent or guardian.

Dancers are not permitted to walk to neighboring businesses or leave independently.

- **Use of the Space**

Open Session is intended for intentional, respectful training. Dancers are expected to treat the studio, equipment, and one another with care at all times.

Please note that staffing and supervision decrease later in the evening. Families are responsible for their dancer's supervision and conduct during Open Session.

We love seeing dancers take initiative and make the most of their training time, and Open Session is a valuable tool when used appropriately. Thank you for partnering with us to maintain a safe and supportive studio environment for all. If you have any questions, our front desk team is happy to assist.

Warmly,

The Studance Lab Team